

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Nov. 27, 2000

NEWS BRIEFS

SECURITY BADGES

Get those security badges ready! More details will follow, but the CHR Safety Committee wants employees to start wearing and using their security badges to enter the building. The security improvements will be in place and tested in mid-December, but this will give you an early indication if your badge works. More information is expected to be available soon, but please pull out that badge and start using it!

RETIREMENT RECEPTION

A reception for Janet Skelton in Public Health is set for Dec. 15 from 1-4 p.m. in the Health Services Board Room. Anyone interested in attending or with material for a scrapbook should call Regina Pickle at 564-8963, ext. 3797. (Call by Dec. 5 regarding the scrapbook).



TIP OF
THE
WEEK

Much is being said lately that caffeine interferes with your body's ability to absorb calcium. Research suggests that caffeine can cause calcium to be excreted from your body. However, the good news is the amount of calcium lost is pretty minuscule and can be offset by adding a mere one to two tablespoons of milk to a cup of coffee.



CHS Employees Increase KECC Giving This Year

CHS employees surpassed last year's contributions to the Kentucky Employees' Charitable Campaign by approximately 12 percent. CHS employees pledged an estimated \$106,000 to the campaign this year, according to preliminary figures.

"I would like to commend each employee who contributed in any way to the 2000 campaign," said Cindy Atkins, the CHS coordinator for KECC. "With your tremendous support this cabinet has again reached a new record level on contributions. You make a difference in other folks lives."

State government as a whole set a new record. Gov. Paul Patton announced earlier this month that KECC collected \$1.25 million, surpassing last year's contributions by \$210,000.

KECC is a combined campaign for state government employees

that offers them an opportunity to give to a charity through payroll deduction.

"State employees work with our constituents every day and they have a firsthand knowledge of the problems many Kentuckians face," said Gov. Patton. "Their commitment to the people of this Commonwealth is reinforced by the generous donations they've made to KECC. I'm very proud of our workforce and their outstanding effort."

The participating charities include United Ways of Kentucky, Community Health Charities of Kentucky, Christian Appalachian Project, Prevent Child Abuse Kentucky, Kentucky Easter Seal Society, and the WHAS Crusade for Children. State employees can designate the county where they would like their donation to be used.

Book And Quilt Honoring Kentuckians With Breast Cancer Planned; Contributions Sought

The Kentucky Breast Cancer Coalition is preparing a quilt and book using photographs and stories about Kentuckians who have endured breast cancer.

Anyone interested in participating may submit a photo and story in memory of someone who has breast cancer during the next two months. Color or black and white photos, wallet size or larger, will be

accepted of individuals or groups of people with breast cancer.

Make sure names are on the back of the photo. The photos will not be returned.

To obtain a release form contact Gwen Mayes at 564-9358. For more information, contact: Sissy Bertino, Kentucky Cancer Program, 2365 Harrodsburg Road, Suite A230, Lexington, KY 40504.

Management Program Graduates Lauded

In a ceremony on Nov. 9, Gov. Paul Patton congratulated state employees who had completed two management programs offered by the Governmental Services Center (GSC).

"While you are improving your skills, you are improving the services we deliver to the people of the commonwealth," Patton said.

Several CHS employees were among those who completed the Kentucky Certified Public Managers program (CPM) or received the Certificate of Management Fundamentals. (CMF)

Kentucky Certified Public Managers 2000 graduates:

Steve Anderson, Mark Hooks, Kuljinder Kaur Mahal, Debra Ress, Meloney Russell, and Janis M. Stewart.

Certificate of Management Fundamentals Recipients 2000:

Betsy L. Dunnigan, Carol Ann Howard, Mary Jilka, Andrew Jones, Fannie Louise Maddux, Barbara L. Murray, and Sarah Elizabeth Slack.

CMF is a separate program from the CPM program. However, CMF is still a prerequisite for admission to CPM. The CMF program is appropriate for any employee wishing to assume greater responsibility and acquire skills to manage self and others. It benefits managers as well as non-managers and usually takes 1-2 years to complete the program.

The CPM program does require management experience and is geared toward managers of people, programs, and projects or those individuals who demonstrate outstanding management potential. Some new workshops cover such topics as process improvement, strategic planning, project management, and organizational diagnostic tools and techniques.

The Kentucky CPM program is one of 20 nationally accredited public management programs in the United States.

For more information about the programs, call Ed Klee or Kathy Wade at 502-564-8170.

Santa Claus Hits CHR Building Dec. 20

Santa Claus will visit the Human Resources Building and other related buildings on Wednesday, Dec. 20.

Here's his schedule for CHR:

8-8:45 a.m. -- 6th floor

9-9:45 a.m. -- 5th floor

10-10:45 a.m. -- 4th floor



11-11:45 a.m. -- 3rd floor

12:30-1:15 p.m. -- 1st and 2nd floors.

1:30-2:15 p.m. -- Health Services Building Lobby

2:30-3:15 p.m. -- Fair Oaks/MHMR Commissioner's Office

3:30-4:30 p.m. -- First City Complex, Conference Room C

Green River's Lamone Mayfield Honored

Congratulations to Lamone Mayfield, Director of the Green River District Health Department, who was awarded the Citizen of the Year Award by the Kentucky Nurses Association on Oct. 19.

This is a lifetime achievement award for outstanding contributions to improvements in health and is the only award given to a non-nurse.

Mayfield served as chairperson of the Legislative Committee of the Kentucky Health Department Association and championed issues such as a lower blood-alcohol level for drunk driving and funding for early childhood programs.

In her health district, Mayfield has worked to issue WIC vouchers in homes, began school health programs, assisted disabled children and provided services at a spouse abuse clinic.

IDEA Week Proclaimed

Gov. Paul Patton has proclaimed Nov. 27-Dec. 3 IDEA (Individuals with Disabilities Education Act) Awareness Week.

Nov. 30 marks the 25th anniversary of the provision for special education services in accordance with the Education of the Handicapped Act, now known as IDEA. IDEA mandates that all children with disabilities are entitled to a free and appropriate public education with equal input from parents in developing individual education plans.